EAACI Clinical Fellowship Final Report 2017

Name: Kit Liang, Gan

Host Institution: ENT Department, Academic Medical Center, Amsterdam, The Netherlands.

Host Supervisor: Prof. Wytske J. Fokkens

Duration of fellowship: 1st October – 31st December 2017

The clinical fellowship at the Academic Medical Center (AMC), Amsterdam had given me a great exposure in the field of Rhinology/Allergy. The AMC being a GA2LEN center of excellence is actively involved in clinical research as well as treating patients using the latest evidence-based medicine guidelines/knowledge.

During my stay in AMC, I was scheduled to participate in the Rhinology unit, Allergy unit, and dividing my time for doing research/ systematic review.

1. Rhinology unit: participating in rhinology clinics, case discussions, performing peak nasal inspiratory flow test (PNIF), smell test, attending Rhinology workshop (Advanced Sinus Surgery Techniques on 23-25th October 2017 and Modern Rhinoplasty Technique on 25-27th October 2017) organized by the ENT Dept of AMC, Amsterdam, and attending rhinology surgical cases in the operating theater.

2. Allergy unit: participating in allergy clinic conducted by allergologist Dr.l.Terreehorst, case discussions, performing skin prick test and conducting immunotherapy.

3. Research: writing up the protocol for systematic review on “Aspirin Desensitization for Aspirin-exacerbated respiratory disease”, involved in a Cochrane systematic review on rhinology topic as a co-author, and participating in writing up the review on “fluticasone propionate spray in nasal polyps” on the invite from the journal of Expert Review of Clinical Pharmacology.

This fellowship has given me the opportunity to learn from this center in regards to the management of sinus diseases/allergy based on the current evidence, applying guidelines as well as learning the skills to conduct a proper research. I also had the chance to learn about the hospital setting and health system in the Netherlands, besides the enriched culture and experiencing the beautiful winter.

I would like to thank my supervisor who had been a great teacher in guiding me through the clinical subjects as well as research and achieving the above objectives.

I would also like to thank EAACI for the generosity and giving me this opportunity to increase my knowledge, exposure and experience in the European setting.

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