



**EAACI**

EUROPEAN ACADEMY OF ALLERGY  
AND CLINICAL IMMUNOLOGY

# MASTER CLASS

on Management of Allergic  
Diseases in Adolescents and  
Young Adults

20 - 21 May 2022

Geneva, Switzerland

## SCIENTIFIC PROGRAMME



[www.eaaci.org/master-classes](http://www.eaaci.org/master-classes)

## ORGANISATION

**ORGANISER** EAACI Task Force Allergic diseases in adolescents and young people

### CHAIRS

**Graham Roberts** | Organising Chair, EAACI Task Force Chair for AYA

**Marta Vazquez-Ortiz** | Organising Secretary, EAACI Pediatrics Section Board Member

**Philippe Eigenmann** | Organising Chair, Editor-in-Chief of EAACI Pediatric Allergy and Immunology Journal

**Audrey DunnGalvin** | EAACI WG Allied Health Chair

**Charlotte Mortz** | EAACI Dermatology Section Chair

**Stefano Del Giacco** | EAACI VP Education & Specialty

---

## GENERAL INFORMATION

### CME ACCREDITATION

This Master Class has been accredited by the European Accreditation Council for Continuing Medical Education (EACME®) with **12 European CME credits (ECMEC®s)**. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity. Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the feedback form. Cf. criteria 9 and 23 of UEMS 2016.20. and 23 of UEMS 2016.20.

### POTENTIAL CONFLICTS OF INTEREST DECLARATION

Please refer to the relevant event page under the "Meetings" tab on [www.eaaci.org](http://www.eaaci.org) for a full conflict of interest declaration, provided by the organising committee and faculty members.

### MOBILE PHONE AND PHOTOGRAPHY POLICY

Please respect the meeting policy and switch your mobile phones to silent in the meeting room during sessions. Please also note that photography and/or video recording in the meeting room is strictly forbidden.

---

### VENUE & ACCOMMODATION

#### Crowne Plaza Geneva Hotel

Avenue Louis Casai 75-77  
Geneva 1216 Switzerland  
Tel: +41 (0)22 710 30 29

### ENQUIRIES

#### EAACI Headquarters

Hagenholzstrasse 111  
3rd Floor  
8050 Zurich  
Switzerland

Tel: +41 44 205 55 33

**Educational:** [education@eaaci.org](mailto:education@eaaci.org)

**Logistics:** [events@eaaci.org](mailto:events@eaaci.org)

---

08:00 - 09:00 **REGISTRATION**

09:00 - 09:15 **WELCOME ADDRESS**

CHAIRS: GRAHAM ROBERTS (UNITED KINGDOM), MARTA VAZQUEZ-ORTIZ (UNITED KINGDOM), PHILIPPE EIGENMANN (SWITZERLAND)

09:15 - 12:15 **SESSION I: THE CHALLENGE: WHAT IS IT LIKE TO BE AN ADOLESCENT OR YOUNG ADULT WITH ALLERGIES AND/OR ASTHMA**

CHAIRS: MARTA VAZQUEZ-ORTIZ (UNITED KINGDOM), GRAHAM ROBERTS (UNITED KINGDOM)

09:15-09:35 **Impact of allergies and asthma on adolescents**

*Graham Roberts (United Kingdom)*

Learning objective: To understand how allergies and asthma affect the lives of adolescents.

09:35-10:05 **What makes adolescents who they are?**

*Audrey Dunn Galvin (Ireland)*

Learning objective: To understand the developmental processes driving adolescence behaviours and what they mean for your patient.

10:05 - 10:45 **Quality of life and psychological dimensions: a summary and some case presentations**

*Marta Vazquez-Ortiz (United Kingdom)*

Learning objective: To understand the psychological impacts of allergies and asthma on the lives of adolescents.

10:45 - 11:15 **Coffee break**

11:15 - 11:55 **Adherence to therapy and wider self-management: a summary and some case presentations**

*Pasquale Comberlati (Italy)*

Learning objective: To understand the challenge of adherence for adolescents.

11:55-12:15 **Summary, discussion and introduction to the afternoon workshops**

*Graham Roberts (United Kingdom), Marta Vazquez-Ortiz (United Kingdom)*

12:15-13:15 **Lunch with faculty**

13:15 - 17:30 **SESSION II: How can we help adolescents and young adults to better self-manage their allergies and asthma?**

*Interactive workshops of 45 min each: brief review of the evidence and how to put it into practice (4 groups in rotations)*

**Workshop S2/W1 Educational interventions**

*Britt Egmos (Denmark)*

Learning objective: To learn how to successfully use educational interventions with adolescents.

**Workshop S2/W2 eHealthcare and other support**

*Pasquale Comberlati (Italy)*

Learning objective: To learn how e-interventions might be used with adolescents.

**Workshop S2/W3 Psychological interventions**

*Audrey Dunn Galvin (Ireland), Marta Vazquez-Ortiz (United Kingdom)*

Learning objective: To learn how psychological interventions can be utilized for adolescents.

**Workshop S2/W4 Safeguarding adolescents**

*Claudia Gore (United Kingdom), Charlotte G. Mortz (Denmark)*

Learning objective: To be able to identify safeguarding concerns and address them.

16:45 - 17:30 **Adolescents and young adults' views of allergies and asthma**

*Philippe Eigenmann (Switzerland), Marta Vazquez-Ortiz (United Kingdom), Claudia Gore (United Kingdom)*

Learning objective: To understand allergies and asthma from the viewpoint of an adolescent.

17:45 - 18:15 **Case reports from participants**

CHAIRS: : PHILIPPE EIGENMANN (SWITZERLAND), CLAUDIA GORE (UNITED KINGDOM)

17:45 **Case report - 2022 Masterclass Case - Tracy Pitt, Canada**

17:55 **Case report - Netherton Syndrome - Oana Raluca Citu, Romania**

18:05 **Case report - Switch From Omalizumab To Mepolizumab In An 18-Year-Old Boy - Anna Sokolova, Portugal**

19:30-20:00 **Welcome reception**

20:00 -22:00 **Dinner**

**08:00 -09:30**    **SESSION III: PRACTICAL ORGANISATION OF THE TRANSITION PROCESS AND TRANSFER**

CHAIR: CHARLOTTE G. MORTZ (DENMARK)

**08:00 -08:30**    **EAACI guideline on the effective transition: generic and allergy and asthma specific recommendations**

*Graham Roberts (United Kingdom)*

Learning objective: To understand the key recommendations from the EAACI transition guideline.

**08:30 -09:00**    **The EAACI teen tool box**

*Marta Vazquez-Ortiz (United Kingdom)*

Learning objective: To understand how to use the teen tool box to assist in the management of adolescent patients.

**09:00 - 09:30**    **Setting up an adolescent and young adult transition service: aims, which healthcare professionals, practical considerations, work flow**

*Claudia Gore (United Kingdom)*

Learning objective: To know how to organise healthcare professionals, practical considerations and the work flow within a transition service.

**09:30 - 09:50**    **Coffee break**

**09:50 -12:10**    **SESSION IV: Workshops - developing key skills**

*Interactive small workshops of 30 min each: learning practical skills to manage adolescent patients (4 groups in rotations)*

**Workshop S4/W1: Communicating with adolescents**

*Claudia Gore (United Kingdom)*

Learning objective: To improve your ability to successfully communicate with adolescents.

**Workshop S4/W2: Using elements from motivational interviewing**

*Audrey Dunn Galvin (Ireland)*

Learning objective: To learn to use elements from motivation interviewing to engage adolescents and change their health behaviours.

**Workshop S4/W3: Putting your new transition skills into practice**

*Marta Vazquez-Ortiz (United Kingdom), Nandinee Patel (United Kingdom)*

Learning objective: To learn how to successful transition adolescent patients.

**Workshop S4/W4: Helping to optimise adherence and self-management**

*Graham Roberts (United Kingdom), Britt Egmoose (Denmark)*

Learning objective: To learn approaches to improve adherence and self-management.

**12:10 -13:10**    **Lunch with the faculty**

**13:10 -15:35**    **SESSION V: How to take an adolescent approach for an effective transition**

*Interactive workshops of 30 min each: simulations with example adolescent patients and discussion (4 groups in rotations)*

**13:10 -13:15**    **Introduction to the afternoon sessions**

*Marta Vazquez-Ortiz (United Kingdom), Graham Roberts (United Kingdom)*

**13:15 -15:35**    **Workshop S5/W1: Food allergy**

*Marta Vazquez-Ortiz (United Kingdom), Nandinee Patel (United Kingdom)*

Learning objective: To practice taking an adolescent approach for a patient with food allergy.

**Workshop S5/W2: Asthma**

*Graham Roberts (United Kingdom)*

Learning objective: To practice taking an adolescent approach for a patient with asthma.

**Workshop S5/W3: Allergic rhinitis**

*Claudia Gore (United Kingdom), Philippe Eigenmann (Switzerland)*

Learning objective: To practice taking an adolescent approach for a patient with allergic rhinitis.

**Workshop S5/W4: Eczema and urticaria**

*Charlotte G. Mortz (Denmark), Britt Egmoose (Denmark)*

Learning objective: To practice taking an adolescent approach for a patient with eczema or urticaria.

**15:35 -15:45**    **CLOSING REMARKS**

CHAIRS: GRAHAM ROBERTS (UNITED KINGDOM), MARTA VAZQUEZ-ORTIZ (UNITED KINGDOM), PHILIPPE EIGENMANN (SWITZERLAND)

---