



Clinical Allergy Fellowship- Final Report

Oct-Dec 2018

Report from Dr Noura Shakaroun, from Saint Georges Hospital University Medical Center, Lebanon visiting the Department of Allergy , Regional Hospital of Malaga, Spain, under the supervision of Dr Maria Jose Torres

The Allergy department of the Regional Hospital of Malaga is internationally recognized for the excellence of the programs it develops in the evaluation and treatment of patients with allergy and is still a high quality scientific center.

The objectives of the fellowship included deepening the knowledge in the evaluation of allergic reactions, clinical correlation with available complementary exams (skin prick test, intra-dermal test, spirometry, nasal provocation test,...), allergy mechanisms, and new drug therapies .

During these three months (from October to December 2018), I observed and participated in the allergy department's group routines. The fellowship was conducted under the guidance of Dr Maria Jose Torres, and I had the opportunity to work with almost all the members of the department.

My activities included:

- Evaluation of a great number of patients suspected of having allergies
- Involvement in patient clinical history of allergy
- Learning in vivo evaluation of allergy: skin testing (prick, ID, and patch)
- Learning in vitro evaluation of patients with hypersensitivities (Basophil activation test, ELISA,..)
- Observing drug provocation tests, food challenges, nasal provocation tests... Learning protocols and assessment of the outcomes
- Observing desensitization to chemotherapy cases
- Attending academic lectures and conferences about different aspects of allergies

It was an amazing opportunity for medical and cultural learning. Thank you Dr Torres and EAACI for giving me this opportunity and everything you taught me.

Frankly, I could not really find any negative aspects in this fruitful experience. I will surely recommend this opportunity to colleagues and friends.