Improvement of the knowledge of teachers about anaphylaxis after training workshops

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Aims: Improvement of the knowledge of teachers about anaphylaxis after training workshops.

Methods: In 2014 we conducted a questionnaire to 2,481 teachers, where it became evident that the knowledge about anaphylaxis was scarce. Only 40.5% knew what anaphylaxis was, and only 11% said that they knew how to administer adrenaline auto-injector, for this reason we conducted training teachers with theory and practice, with demonstration videos and developing action protocols in schools.

Results: After a year we made training to 296 teachers of the Balearic Islands, with a theoretical practical course of 4 hours, at the end we had a questionnaire on knowledge of anaphylaxis and all passed the test.

Discussion: According to the EAACII 1 in 300 Europeans suffer anaphylaxis at some point in their life and most European schools have at least one child at risk of anaphylaxis food allergy. It is very important that teachers are trained in the recognition and early treatment of an anaphylactic reaction

Conclusion: The training of teachers is important along with videos and protocols which explains simply how to recognize and treat an anaphylactic reaction.

Videos: https://www.youtube.com/watch?v=ea9kPsHBv_s