



EAACI Food Allergy Training Course Prevention and Treatment of Food Allergy

Manchester UK, 14 - 16 September 2017

Preliminary Programme

Thursday 14 September 2017

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| 13:00 - 15:00 | Registration |
| 15:00 - 15:05 | Welcome address |
| 15:05 - 16:35 | Session I - Impact of food allergy, its prevention and treatment |
| 15:05 - 15:35 | Impact of food allergy and the need for prevention and treatment
<i>Antonella Muraro, Italy</i> |
| 15:35 - 16:05 | Prevention of food allergy and the role of early introduction of allergenic foods
<i>Gideon Lack, United Kingdom</i> |
| 16:05 - 16:35 | Treatment of food allergy – what are the options?
<i>Maria Montserrat Fernandez-Rivas, Spain</i> |
| 16:35 - 17:00 | Coffee Break |
| 17:00 - 18:30 | Session II - Foods and molecules used for prevention and treatment |
| 17:00 - 17:30 | Hydrolysed or not? Modified infant formulas in prevention and treatment of food allergy
<i>Phillippe Eigenman, Switzerland</i> |
| 17:30 - 18:00 | Boiled and baked – using food to prevent and treat food allergy
<i>Clare Mills, United Kingdom</i> |
| 18:00 - 18:30 | Molecular approaches to developing treatments – lessons from FAST
<i>Ronald van Ree, The Netherlands</i> |
| 19:00 | Welcome Reception |

Friday, 15 September 2017

08:30 - 10:00 **Session III - Immunobiology of prevention and treatment**

08:30 - 09:00 Immuno-modulation to develop tolerance early in life – the role of IgG4

Alexandra Santos, United Kingdom

09:00 - 09:30 How do pre- and probiotics work? The role of receptors in immune modulation by microbial products

Liam O'Mahony, Switzerland

09:30 - 10:00 Modification of allergens and their impact on immunomodulation

Clare Mills, United Kingdom

10:00 – 10:30 **Coffee Break**

10:30 - 12:30 **Practical workshops I & II: Collecting the right clinical information/ Skin prick testing**

Topic 1: Collecting the right clinical information

Margitta Worm, Germany, Maria Montserrat Fernandez-Rivas, Spain, Rodrigo Rodrigues Alves, Portugal

Topic 2: Skin prick testing practical aspects and interpretation

Kate Grimshaw, United Kingdom, Inger Kull, Sweden

Topic 3: Interpreting serological results - differentiating sensitization and clinical allergy

Philippe Eigenmann, Switzerland, Ronald van Ree, The Netherlands, Alexandra Santos, United Kingdom

12:30 – 14:00 **Lunch**

14:00 - 14:45 **Poster walk**

14:45 - 16:15 **Session IV - Practical aspects of treating and preventing food allergy**

14:45 - 15:15 Preventing food allergy at the population level – how practical is it?

Kirsten Beyer, Germany

15:15 - 15:45 Who and how to treat and for how long?

15:45 - 16:15 Practicalities of food avoidance

Kate Grimshaw, United Kingdom

16:15 – 16:45 **Coffee Break**

16:45 - 17:45 **Pro-con debate - To eat or not to eat? Is early introduction of allergenic foods safe and effective for preventing food allergies?**

Pro: Supporting a strategy of screening the infant population to identify those at risk and providing them with peanut snacks to ensure consumption of peanut that will prevent the development of allergy

Con: *Setting out the concerns regarding the general application of effects observed with peanut to other foods and other populations around Europe, as well as safety concerns that some individuals have severe reaction on their first introduction to an allergenic food*

Kirsten Beyer, Germany

17:45 - 18:45 **Oral Abstracts presentation**

18:45 - 20:00 Guided visit

20:00 Dinner

Saturday, 16 September 2017

08:30 - 10:00 **Practical workshops III: Oral food challenge procedure, interpretation of results and advice**

Topic 1: Clinical aspects of food challenges

Margitta Worm, Germany, Rodrigo Rodrigues Alves, Portugal

Topic 2: Practical aspects of Food Challenges

Kate Grimshaw, United Kingdom, Inger Kull, Sweden

Topic 3: Patients view point on getting a good diagnosis

Sabine Schnadt, Germany

10:00 - 10:30 Coffee Break

10:30 - 11:30 **Poster walk**

11:30 - 13:00 **Session V - Immunotherapy for peanut, egg and milk and other foods**

11:30 - 12:00 Immunotherapy for food allergy - what are the options?

Alexandra Santos, United Kingdom

12:00 - 12:30 Using the milk and egg ladder for treating cow's milk and egg allergy

Montserrat Alvaro-Lozano, Spain

12:30 - 13:00 Side-effects of prevention and treatment - what to watch-out for?

Maria Montserrat Fernandez-Rivas, Spain

13:00 - 13:15 Closing remarks