Health Related Quality of life: A multi-dimensional construct, which evaluates physical, psychological, and social components that may be impacted by a disease or medical condition, from the patient perspective. Research has shown that food allergy (and its management) has a profound impact on development and on quality of life in psychological, emotional and social domains.

The new FAQLQ-PF10 is a short easy to use precision instrument that is both reliable and valid. It may assist primary care physicians to capture the impact of food allergy on patients’ daily lives and wellbeing, improve long-term management and help to provide optimal care for patients with food allergy.

The FAQLQ questionnaires are sensitive to change (MID = 0.5), and have excellent cross-sectional and longitudinal reliability and validity in a food-allergic patient population. The Questionnaires can be used to identify problems in all age groups, to assess the effectiveness of clinical trials or interventions, to track development, and to guide the development of regulatory policies.

References
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